2026-2027 WINTER/SPRING Cape May Aquatic Programs

OCTOBER 23 - MAY 27

CLASSES HELD AT THE CAPE MAY CITY ELEMENTARY SCHOOL POOL
921 LAFAYETTE ST. CAPE MAY, NJ

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	4:30 - 6:00 PM Adult Swim (50 and Older)	4:30 - 6:00 PM Adult Swim (50 and Older)	4:30 - 6:00 PM Adult Swim (50 and Older)	4:30 - 6:00 PM Adult Swim (50 and Older)	4:30 - 6:00 PM Adult Swim (50 and Older)	9:00 - 11:00 AM Adult Swim (50 and Older)
	6:15 - 7:30 PM Lap / Open Swim	6:15 - 7:30 PM Family Swim	6:15 - 7:30 PM Lap / Open Swim	6:15 - 7:30 PM Family Swim	6:15 - 7:30 PM Family Swim	11:15 - 1:15 PM Family Swim

***DATES & TIMES SUBJECT TO CHANGE. ALL UPDATES ON CAPE MAY CITY WEBSITE, FACEBOOK & INSTAGRAM.**

(POOL WILL BE CLOSED 11/26/26, 12/24/26, 12/25/26, 12/31/26, 1/1/27)

FOR MORE INFORMATION: EMAIL RECDEPT@CAPEMAYCITY.COM OR CALL (609) 884-9526.

For the Health and Safety of all members of the Cape May Community, please refrain from going outside of the designated pool area. Please understand that outside of the pool hallway, the school is off limits to patrons.

OPEN PROGRAMS

ADULT SWIM - 50 AND OLDER

Enjoy swimming & socializing in the beautiful indoor heated pool. Must be 50 or older to attend. Class size is limited to 40.

$5 PER PERSON

ADULT LAP & OPEN SWIM

Come swim laps and build muscle tone and cardio health or socialize in the heated pool. Class size is limited to 40.

$10 PER PERSON

FAMILY SWIM

Parents and children may enjoy the heated indoor pool. All children must be accompanied by their parent or guardian. Any family with over 4 children must be supervised by both parents or two adults. Class size limited to 50.

$10 PER PERSON | $5 PER CHILDREN UNDER 12

American Red Cross

DISCOUNT PUNCH CARDS AVAILABLE

Adult Swim Punch Card
Purchase 20 Classes Get 2 FREE -
$100

All punch cards available for purchase at the CME Pool during pool hours.

POOL RULES

Welcome to the Cape May City Elementary School Pool. Please observe the following rules:

- Enter pool area through locker rooms only.
- Persons using the pool are not permitted in other areas of the school.
- All bathers must shower before entering the pool.
- Any person showing evidence of any communicable skin disease, sore or inflamed eyes, cold, nasal or ear discharges, or any other communicable disease shall be denied admission.
- Any person with excessive sunburn, open blisters, cuts, or bandages shall be denied admission.
- Do not enter the water if you are experiencing or recovering from diarrhea or have had any signs or symptoms of a gastrointestinal (stomach) disease in the past seven days.
- All children in diapers must wear plastic pants with snug fitting elastic waist and leg bands. Do not wash out soiled diapers in the bathing water.
- Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the bathing waters to a lifeguard.
- Bottles, glass and other hazardous objects are prohibited within the pool area or bathroom facilities.
- All children in the pool area must have adult supervision.
- No person shall bring or throw into the pool, walkways, aisles, or locker rooms, any object that may in any way endanger the safety of any person.
- NO DIVING is permitted into the pool.
- No running in the pool or locker room areas.
- No rough play is permitted in the pool area except for supervised water sports.
- Any person suspected of being under the influence of alcohol or drugs is prohibited from entering the pool.
- Consumption of food or beverages in the swimming pool is forbidden.
- All animals with the exception of guide animals for the handicapped are prohibited from entering the pool area.
- Absolutely no smoking anywhere in this building or on these grounds.

Failure to obey directions from the lifeguard on duty will result in removal from the pool.

POOL STAFF NEEDED!

LIFEGUARDS - SWIM INSTRUCTORS - FRONT DESK

VISIT http://www.capemaycity.com/jobs FOR JOB DESCRIPTION AND APPLICATION.
EMAIL COMPLETED APPLICATIONS TO employment@capemaycity.com.

EMPLOYMENT INQUIRIES ONLY CALL (609) 884-9536.

Note: Cameras and Cell Phones are PROHIBITED in the locker rooms.